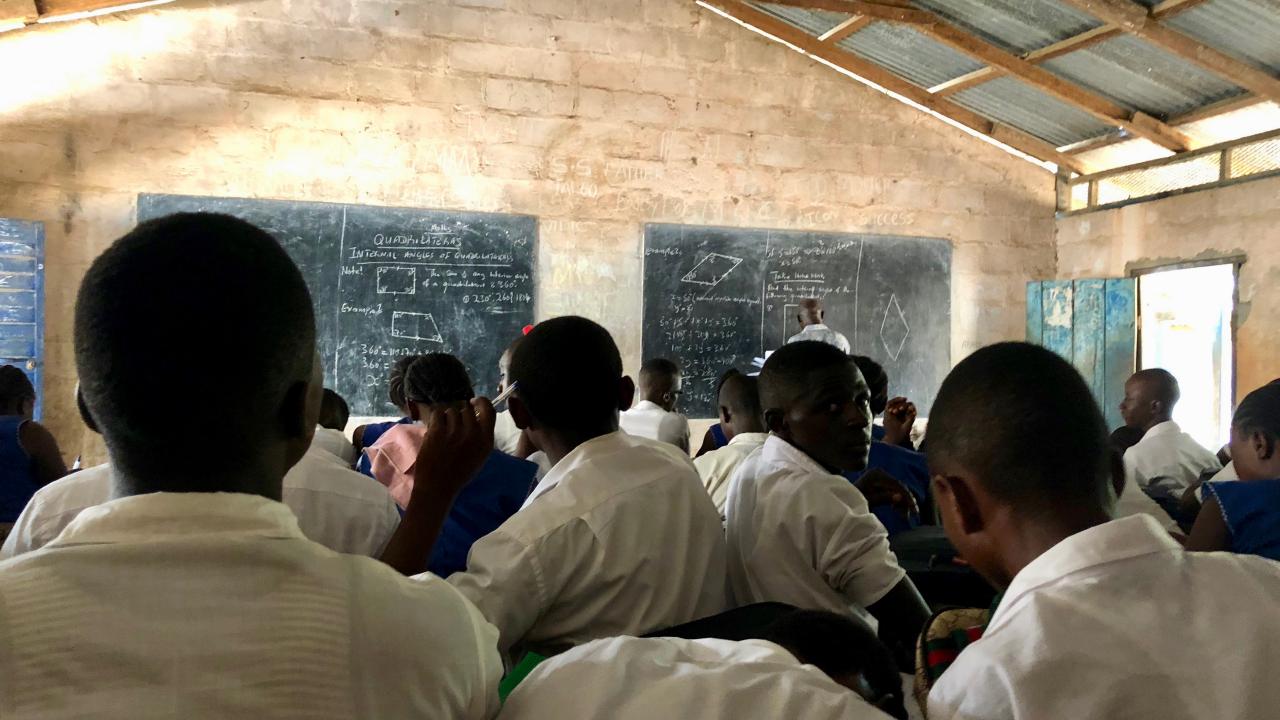


### Sierra Leone

Lower Income Nation
Suffers from extreme poverty
Pop 7 million
Portuguese, French & Dutch slave trade, 1495
Subsistence agriculture & mining
Education legally required, but schools were
destroyed during the civil war













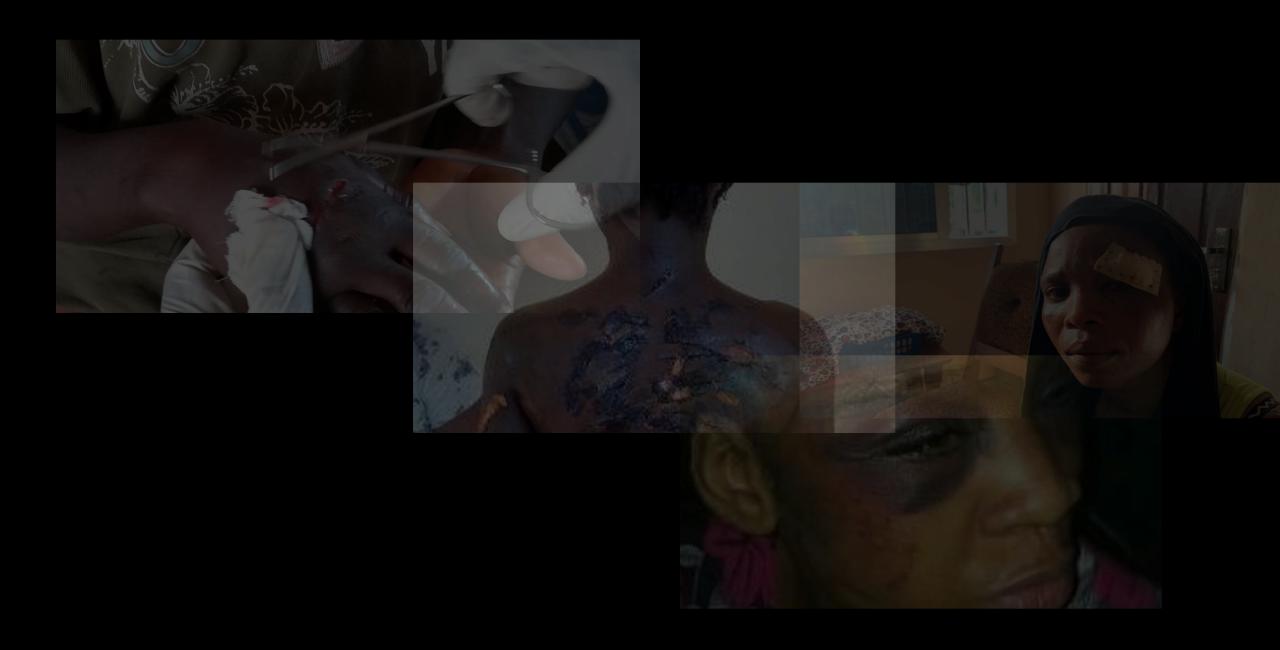






### One night, coming home from a fundraiser

... Trigger Alert



We don't know who was responsible

It was a clique

Cliques in Sierra Leone begin in schools











### DARE to Connect Boys Anti-Violence Study

### **ACT, School Culture, and Violence**

#### **Subjects & Setting:**

Pat (13), Ed, (15), Lee (17)

Three schools located in different regions of Bo, Sierra Leone

#### **Dependent Variables:**

Mild Aggression Toward Others (ATO) Serious Weapon Use

Cooperative Behavior

### **Independent Variable:**

6-hour DARE to Connect workshop

#### **Data Collection:**

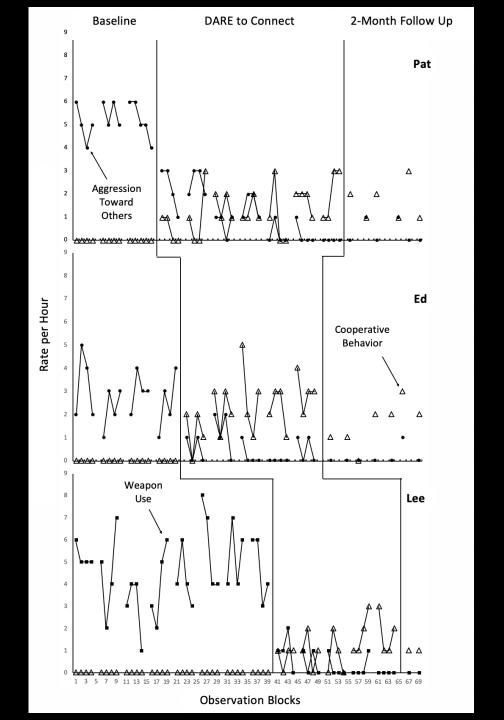
5-min intervals; blocks of 4 intervals/day Observations were collected after 20 min in the classroom to reduce reactivity

### **IOA & Treatment Integrity**

Both calculated using mean-count-per-interval procedures

#### **Social Validity**

Surveys and videos scored by naïve observers



# DEFUSION: Rock, Scissors, Paper



### ACCEPTANCE: The Human Knot





### RECENTERING (Present Moment & Perspective Taking)

### **Sherpa Walk**

Participants are lined up so that each person relies upon and supports members of the other gang

- Here & Now, my enemy is my protector



Leaders of Rival Gangs

Video





## RECENTERING - Seeing how you see yourself





# RECENTERING - Seeing how you see yourself



## RECENTERING - Seeing how you see others











# RECENTERING: Seeing Another's Loneliness Smaug's Jewels





# ENGAGE – Falling into Friendship





5:

Video

Lower volume









### **ACT, School Culture, and Violence**

### **Subjects & Setting:**

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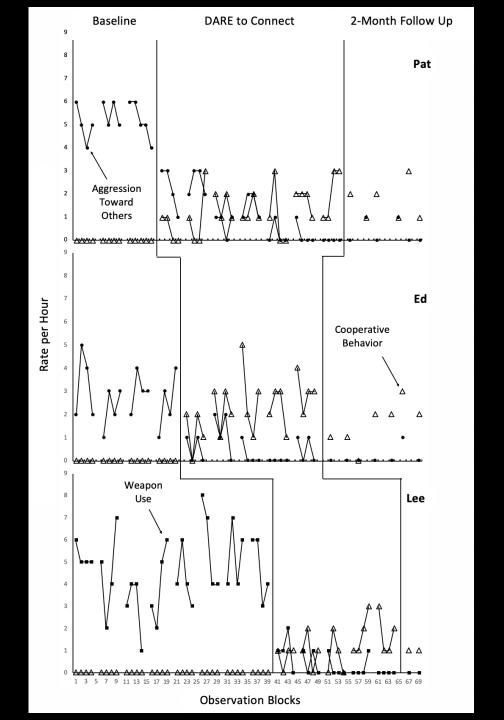
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Surveys and videos scored by naïve observers



### Please support **Commit & Act** by joining us for

### The North America Chapter of CAA Webinar Series

- Kicks off this coming Wed
- Future speakers include:
  - Tony Biglan
  - Lisa Coyne
  - Dennis Tirch
  - Paul Atkins
  - Steve Hayes
  - Rikke Kjelgaard
  - Louise McHugh
  - Aisling L-Curtin
  - **Dermot B-Holmes**
  - Miranda Morris
  - DJ Moran
  - Robyn Walser
  - Nanni Presti
  - David Sloan Wilson
  - And so many more!

### Please support Commit & Act





Workshops

About Us

CE/Disclosures

My Account

#### LIVE ONLINE COURSES

**Commit and Act: Evolving a Society That Works for Everyone** 



CE Hours available (How do I get my CE?)



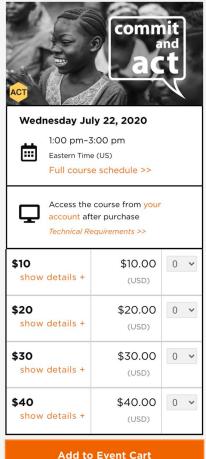
Anthony Biglan, PhD | Author and researcher



#### **About This Course**

When registering, please select a donation level that works for you.

This workshop is designed to help participants identify specific behaviors they can engage in to advance the evolution of the society that works for everyone. Current capitalist societies are dominated by free market ideology, which claims that humans are selfish maximizers whose pursuit of their own economic gain benefits everyone. Market forces can select innovations that result in valuable products and services. However, they can also select harmful practices such as the marketing of tobacco, guns, unhealthful food, harmful pharmaceuticals, risky financial instruments, and fossil fuels. The workshop will present a brief overview of how harmful corporate practices have evolved. Participants will then articulate the values that they most want to see in their communities and their nations. We will then explore how participants can work to advance these values. The possibilities range from an individual working to advance their values in their circle of friends and families, reforming the practices of an organization, or joining an organization that works to reform policies and practices of an entire sector of a community or nation.



### Please support Commit & Act



### **The North America Chapter of CAA Webinar series**

Complete list of speakers:

Tony Biglan
Dennis Tirch
Paul Atkins
Francesca Degli Espinosa
Rikke Kjelgaard
Louise McHugh
Aisling Leonard-Curtin
Miranda Morris
Jonathan Tarbox
Russ Harris

Dana Paliliunas
Dana i annanas
Maria Karelka
Matt Broadhead
Dermot Barnes-Holmes
Denisha Gingles
David Sloan Wilson
Jordan Belisle
Pat Friman
Steve Hayes
Ruth Anne Rehfeldt

Erin Bertoli
Courtney Tarbox
Tom Higbee
Caio Miguel
Marilin Colon
Robyn Walser
Miranda Morris
(Linda Leblanc)
DJ Moran
Darnell Lattal
Ellie Kazemi
Nanni Presti
Lyz Fong

# ACT, School Culture, and Violence: A Multiple Baseline Design Across Individuals in Three Schools

Thank you!

Tom Szabo tszabo@fit.edu



